

# THE UNITY | CARE



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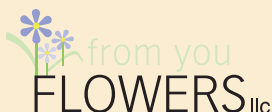
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*Sending flowers? You can help support Unity. From You Flowers is offering Unity supporters a 10 percent discount and then donating 15 percent of designated purchases to the Unity Health Care Foundation. Just visit [www.fromyouflowers.com/unityhealthcare](http://www.fromyouflowers.com/unityhealthcare) or call 1-800-838-8853 and mention code 32L.*



## A YEAR OF CHANGE



### DEAR PARTNERS IN CARING:

As we reflect on 2008 and move into a new year, we recognize that 2009 is indeed *a year of change*. We have experienced the uncertainty that comes as we accept the challenge of facing each day with a renewed sense of hope.

In this historic year of change, we ushered in a new presidential administration and tore down racial barriers with the election of our first president of color. In addition, we witnessed the unprecedented upheaval of our nation's economy and its impact, which has resulted in global unrest. We see the effect on our communities, families and children, and we have embraced the concept that change is no longer a possibility but an essential element to growing a more unified and caring nation of people.

It is precisely during this time — this season of change — when we must move toward progress. We must ensure that good ideas meet good intentions and that we recognize and become one of those everyday people who lift up those in need of support and carry them through the difficult times.

For more than 24 years, Unity Health Care (Unity) has been consistent in its mission to provide quality primary health care to the men, women and children who live in our nation's capital ... *regardless of their ability to pay*. As our neighbors find themselves grappling with hard times, we continue to expand our services and open our arms to those who have lost their jobs ... their homes ... and in some cases their spirit to move forward.

Today, more than ever, your support is needed to help give the "gift of good health" to those who are left without medical care due to insufficient or nonexistent health insurance. As a Partner in Caring, your support will make a positive change in the lives of thousands of men, women and children who struggle each and every day to overcome poverty, homelessness, lack of education and chronic health issues. Whether you decide to partner through a monetary contribution or volunteering your time, you join Unity's quest to make health care available to those who need it most. Your generosity and support provide hope and real answers for challenging social and health care issues. We treasure your partnership and remember ... *"there is no Unity without U."*

If you are interested in becoming a Partner in Caring, please review the attached response envelope that outlines the many ways you can make a donation. In addition, if you are interested in learning more about Unity Health Care Foundation or would like to volunteer your time, please contact Naima Hashim, Director of our VIP (Volunteers Are Important People) Program, at 202-715-7984 or Audrey White, Director of Corporate and Community Relations, at 202-715-7982.

*Vince Khan*

## AT UNITY HEALTH CARE ... YES, WE CAN!<sup>™</sup>

UNITY PROVIDES CARE FOR NEARLY 20,000 CHILDREN EACH YEAR. A 2007 study published by Trust for America's Health reported that at 22.8 percent, the District of Columbia has the nation's highest rate of overweight children ages 10-17. Of the patients Unity serves, the rate is 80 percent greater than the District average. A chart review at Unity's Upper Cardozo Center revealed that 41 percent of girls and 31 percent of boys ages 2-18 were overweight.

In April 2008, Unity's Upper Cardozo Health Center became the site of Unity's first "Ways to Enhance Children's Activity and Nutrition" (*We Can!*<sup>™</sup>) program. Unity's goal with the program is to encourage children and parents to embrace lifestyle choices that support a



healthy weight. This will help reduce the risk of developing chronic diseases and ultimately improve their quality of life. As our Partner in Caring, you can help us support our children in the fight against pediatric obesity.

For more information about the program, please contact Jessica Wallace at [jfwallace@unityhealthcare.org](mailto:jfwallace@unityhealthcare.org).



## UNITY FIGHTS HIV/AIDS IN THE DISTRICT

THE DC DEPARTMENT OF HEALTH HIV/AIDS ADMINISTRATION recently released the *District of Columbia HIV/AIDS Epidemiology Update 2008\** confirming the severity of HIV/AIDS in the District. Findings were released at a press conference at Unity's Hunt Place Center in Ward 7, where HIV infection rates are the highest in the city.

"The Fifth Vital Sign" is a Unity initiative to implement routine testing to (1) increase the number of residents who get tested and know their status, (2) reduce the stigma associated with HIV, (3) connect patients to care and supportive services, and (4) educate our community about how HIV is spread. Unity currently provides routine testing at eight community health centers and the DC Jail.

Dr. Gebeyehu Teferi, M.D., Medical Director, HIV Services at Unity, explains, "Unity delivers HIV care services along with primary care services in most Unity sites. This ensures patient access to HIV care."

To request a speaker to address your group regarding HIV/AIDS in the nation's capital, please contact Anyelina Hernandez at 202-715-7905 or via e-mail, [ahernandez@unityhealthcare.org](mailto:ahernandez@unityhealthcare.org).

*\*Update report information retrieved 03/25/09 from [http://doh.dc.gov/doh/frames.asp?doc=/doh/lib/doh/pdf/dc\\_hiv-aids\\_2008\\_updatereport.pdf](http://doh.dc.gov/doh/frames.asp?doc=/doh/lib/doh/pdf/dc_hiv-aids_2008_updatereport.pdf).*

## BANK OF AMERICA PARTNERS WITH UNITY FOR A SPECIAL MOMS/SPECIAL BABIES PROGRAM

IN AN EFFORT TO DECREASE THE INFANT MORTALITY RATE due to fetal anomaly in the District of Columbia, Bank of America and Unity Health Care, Inc., have partnered together to create the Special Moms/Special Babies Program. The program works to improve prenatal diagnoses and care for mothers and fetuses with identified congenital anomalies. The project involves the establishment of a clinic at two sites in the District: Unity's Upper Cardozo Health Center and Washington Hospital Center. Thanks to a generous grant award of \$100,000 from Bank of America, this innovative programming will significantly improve overall fetal outcomes.

Washington, DC, has the highest rate of infant mortality in the nation, at 13.6 cases per 1,000 births (twice the national

rate). More than two-thirds of all infant deaths occur during the neonatal period (birth through 27 days of age). According to *Briefing Paper on the 2005 Infant Mortality Rate for the District of Columbia*, the infant death rate for black and Hispanic mothers increased and was associated with later entry to prenatal care or limited prenatal care. Congenital malformations, deformations and chromosomal anomalies were the leading cause of infant mortality, accounting for 13.9 percent of all deaths.

The establishment of the Special Moms/Special Babies Program at Upper Cardozo will provide a single site for pregnancy care, referrals for maternal and fetal specialty evaluation, and the coordination of delivery and infant care with the necessary neonatology and pediatric specialists to provide

optimal infant care. Because of the high volume of low-income patients seen at Upper Cardozo and the logistical difficulties such patients may have in making appointments and traveling to other sites, prenatal diagnosis services, including ultrasound, will be provided at the site. The impact of this project will be to decrease infant mortality related to fetal anomalies through early diagnosis and the coordinated management of delivery, neonatal and subsequent infant medical and surgical care.

Bank of America supports Unity in expanding women's health care and prenatal services in the District, and it is helping us to fulfill our mission as a health provider and educator, reducing barriers and increasing access to quality health care for pregnant women and their fetuses.

## UPCOMING EVENTS AND OPPORTUNITIES TO SUPPORT UNITY

### SAVE THE DATES

#### TEVA Pharmaceuticals Celebrates "The Year of Affordable Healthcare"

Wednesday, June 19, 2009

6:00 pm Sponsors Reception

CityZen – Special Event with  
Chef Eric Ziebold

6:30 pm General Reception

7:00 pm Dinner

Oriental Ballroom – Mandarin  
Oriental Hotel

1330 Maryland Ave., SE, Washington, DC

\$1,000 – Individual Tickets

Sponsorship begins at \$5,000

RSVP to Bryan Pruitt at [bpruitt@ambwaves.com](mailto:bpruitt@ambwaves.com) or 202-468-4281.

#### Unity Health Care 4th Annual Charity Golf Outing

Monday, September 21, 2009

Golf Course Location –

To Be Determined

(Tee Time at 12:00 noon)

For more information please contact Audrey White, Director of Corporate and Community Relations, Unity Health Care Foundation, at 202-715-7982 or via e-mail, [awhite@unityhealthcare.org](mailto:awhite@unityhealthcare.org).

### OPPORTUNITIES TO DONATE

#### Prepare Our Children for Success – Unity Health Care Back-to-School Backpack Project

**Donate today!** Your financial contributions, back-to-school supplies and/or backpacks are desperately needed and sincerely appreciated.

For more information about Unity Health Care or to become a Partner in Caring, contact Audrey White, Director of Corporate and Community Relations, Unity Health Care Foundation, at 202-715-7982 or via e-mail, [awhite@unityhealthcare.org](mailto:awhite@unityhealthcare.org).

## UNITY VOICE STAFF

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CO-EDITOR

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### Mission

Unity Health Care, Inc., offers a citywide network of quality health and human services to the medically underserved, regardless of race, ethnic background or ability to pay.

*A volunteer board of directors sets the direction and policies of Unity Health Care. Consumers make up 51 percent of Unity's board.*

Unity Health Care, Inc.      Editor: 202-715-7886  
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 Washington, DC 20003

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## COMMUNITY HEALTH CENTERS

### Anacostia (Ward 8)

1328 W St., SE  
 Washington, DC 20020  
 Phone: 202-610-7160

### Brentwood Square (Ward 5)

1201 Brentwood Road, NE  
 Washington, DC 20018  
 Phone: 202-832-8818

### Congress Heights (Ward 8)

3720 Martin Luther King Jr. Ave., SE  
 Washington, DC 20032  
 Phone: 202-279-1800  
*Center of Excellence*

### East of the River (Ward 7)

123 45th St., NE  
 Washington, DC 20019  
 Phone: 202-388-7730

### Eastern Student Health Center (Ward 6)

1700 East Capitol St., NE  
 Washington, DC 20003  
 Phone: 202-543-6017

**Good Hope (Ward 8)**  
 1638 Good Hope Road, SE  
 Washington, DC 20020  
 Phone: 202-610-7280

**Hunt Place (Ward 7)**  
 4130 Hunt Place, NE  
 Washington, DC 20019  
 Phone: 202-388-8160

**Phoenix Center (Ward 6)**  
 1900 Massachusetts Ave., SE  
 Washington, DC 20003  
 Phone: 202-548-6500

**Re-Entry Health Center**  
 Campus of Our Lady of Perpetual Help Roman Catholic Church  
 1604 Morris Road, SE  
 Washington, DC 20020  
 Phone: 202-715-1601

**Southwest (Ward 6)**  
 850 Delaware Ave., SW  
 Washington, DC 20024  
 Phone: 202-548-4520

**Stanton Road (Ward 8)**  
 3240 Stanton Road, SE  
 Washington, DC 20020  
 Phone: 202-889-3754

**Upper Cardozo (Ward 1)**  
 3020 14th St., NW  
 Washington, DC 20009  
 Phone: 202-745-4300

**Walker-Jones (Ward 6)**  
 40 Patterson St., NW  
 Washington, DC 20002  
 Phone: 202-354-1120

**Woodridge (Ward 5)**  
 2146 24th Place, NE  
 Washington, DC 20018  
 Phone: 202-281-1160

## HOMELESS SERVICE SITES

**801 East Health Center**  
 801 East Building  
 2700 Martin Luther King Jr. Ave., SE  
 Washington, DC 20032  
 Phone: 202-255-3469

**Blair Shelter (Ward 6)**  
 635 I St., NE  
 Washington, DC 20002  
 Phone: 202-255-3469

**Central Union Mission (Ward 2)**  
 1631 14th St., NW  
 Washington, DC 20009  
 Phone: 202-255-3469

**Christ House (Ward 1)**  
 1717 Columbia Road, NW  
 Washington, DC 20009  
 Phone: 202-255-3469

**Federal City (CCNV) (Ward 6)**  
 425 Second St., NW  
 Washington, DC 20001  
 Phone: 202-508-0500

**Friendship Place (Ward 3)**  
 4713 Wisconsin Ave., NW  
 Washington, DC 20016  
 Phone: 202-255-3469

**Harbor Light (Ward 5)**  
 2100 New York Ave., NE  
 Washington, DC 20002  
 Phone: 202-255-3469

**House of Ruth (Ward 6)**  
 651 10th St., NW  
 Washington, DC 20005  
 Phone: 202-255-3469

**New York Avenue (Ward 5)**  
 1355 New York Ave., NE  
 Washington, DC 20002  
 Phone: 202-255-3469

## MOBILE UNITS

**Medical Outreach Unit**  
 Phone: 202-255-3469  
*Serving homeless people and other populations*

## CORRECTIONAL HEALTH SERVICES

**Central Detention Facility (Ward 6)**  
 1901 E St., SE  
 Washington, DC 20003  
 Phone: 202-673-8445

**Central Treatment Facility (Ward 6)**  
 1901 E St., SE  
 Washington, DC 20003  
 Phone: 202-673-8445